DEPARTMENT OF DEFENSE NONAPPROPRIATED FUND HEALTH BENEFITS PROGRAM

Summary of Benefits

Open Choice® PPO Medical Plan

Effective January 1, 2008

Open	Choice	PPO	Benefit	S
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	Open Choice PPO) Benefits
Plan Provisions	Preferred Care Benefits (In-Network)	Non-Preferred Care Benefits (Out-of-Network)
Calendar Year Deductible		
★ Individual★ Family of 2	\$200 \$400 (2 times individual)	\$ 600 \$1,200 (2 times individual)
★ Family of 2 ★ Family of 3 or more	\$600 (3 times individual)	\$1,800 (3 times individual)
Out-of-Pocket Limit (the maximum amount you pay for your share of covered expenses in a calendar year. Copays, confinement fees, expenses covered at 50% and non-covered expenses do not count toward your Out-of-Pocket Limit)		
★ Individual	\$3,000	\$ 4,000
★ Family of 2 ★ Family of 3 or more	\$6,000 (2 times individual) \$9,000 (3 times individual)	\$ 8,000 (2 times individual) \$12,000 (3 times individual)
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Lifetime Maximum	Unlimited	Unlimited
Precertification Certain services require precertification. Please see your Summary Plan Description (SPD) for details.	Network physician handles	You handle; \$500 penalty for failure to precertify
Preventive Care Deductible is waived for preventive care services ★ Routine physical exam and immunizations (one per calendar year)	100%, no copay	Not covered
★ Well-child care and immunizations Birth to age 7. Please see your SPD for age and frequency schedule.	100%, no copay	Not covered
 ★ Routine gynecological exam including Pap test and related lab fees (one per calendar year) 	100%, no copay	Not covered
★ Routine Mammogram (one per calendar year for women age 35 and over)	100%, no copay	Not covered
Routine prostate screening exam (one per calendar year for men age 40 and over)	100%, no copay	Not covered
★ Routine eye exam (one per calendar year)	100%, no copay	Not covered
★ Prescription eyewear - lenses, frames and contacts You are also eligible to use Aetna Vision SM Discounts	100%, no copay, up to a \$150 maximum benefit per person per calendar year	100%, up to a \$150 maximum benefit benefit per person per calendar year
★ Routine hearing exam (one per calendar year) You are also eligible to use the HearPO® Hearing Discount Program	100%, no copay	Not covered
★ Hearing aids (\$1,000 lifetime maximum) You are also eligible to use the HearPO® Hearing Discount Program	100%, no copay	100%
Physician Services ★ Office visits for treatment of illness or injury	100% after copay: \$15 PCP*/ \$35 specialist; no deductible	60% after deductible
★ Diagnostic lab and X-ray		
> When part of an office visit	100% (no additional copay)	60% after deductible
> Separate office visit	100% after copay: \$15 PCP*/ \$35 specialist	60% after deductible
> Independent facility	90% after deductible	60% after deductible
★ Maternity care office visits	100% after copay: \$15 PCP*/ \$35 specialist for first visit; subsequent visits are included in the delivery fee and paid at 90% after deductible	60% after deductible
★ In-office surgery	100% after copay: \$15 PCP*/ \$35 specialist; no deductible	60% after deductible
★ Physician hospital visits	90% after deductible	60% after deductible
★ Anesthesia	90% after deductible	60% after deductible
★ Allergy testing, serum and injections	100% after copay: \$15 PCP*/ \$35 specialist when part of office visit; otherwise 100% no copay, no deductible	60% after deductible
★ Second surgical opinion	100%, no copay, no deductible	100%, no deductible
* A Primary Care Physician (PCP) can be an internist, ped definition is considered a specialist.		
Hospital Services		
★ Inpatient hospital room and board	90% after deductible plus	60% after deductible plus
and ancillary services	\$200 per confinement fee*	\$400 per confinement fee*
★ Inpatient and outpatient surgery	90% after deductible	60% after deductible
★ Outpatient services	90% after deductible	60% after deductible
★ Pre-operative testing	90%, no deductible	60%, no deductible

90% after deductible

★ Other hospital services

60% after deductible

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continued

Open Choice PPO Benefit	Onen	Choice	PPO	Benefit
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Plan Provisions	Preferred Care Benefits (In-Network)	Non-Preferred Care Benefits (Out-of-Network)		
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Emergency Care ★ Hospital emergency room	100% after \$150 emergency room copay (waived if admitted); no calendar year deductible	100% after separate \$150 emergency room deductible (waived if admitted) no calendar year deductible		
★ Hospital emergency room for non-emergency care	50% after deductible plus \$150 emergency room copay	50% after deductible plus separate \$150 emergency room deductible		
★ Ambulance	80% after deductible	80% after deductible		
Other Health Care ★ Convalescent facility (up to 90 days per calendar year)	90% after deductible	60% after deductible		
★ Home health care (up to 90 visits per calendar year)	90% after deductible	60% after deductible		
★ Private duty nursing (up to 70 eight-hour shifts per calendar year)	90% after deductible	60% after deductible		
★ Hospice (inpatient and outpatient)	100%, no copay, no deductible	100%, no deductible		
★ Independent lab and X-ray facilities	90% after deductible	60% after deductible		
★ Voluntary sterilization	100% after \$100 copay; no deductible	60% after deductible		
★ Short-term rehabilitation (60-day maximum per course of treatment)	80% after deductible	80% after deductible		
★ Durable medical equipment	80% after deductible	80% after deductible		
★ Spinal disorder (chiropractic) (20 visits per calendar year)	100% after copay: \$15 PCP/\$35 specialist; no deductible	60% after deductible		
★ Bariatric surgery	50% after deductible	50% after deductible		
Mental Health Care*	200/ after deducatible also \$200	(00% often deductible also \$400		
★ Inpatient (no maximum on number of days)	80% after deductible plus \$200 inpatient per confinement fee	60% after deductible plus \$400 inpatient per confinement fee		
★ Outpatient (up to 45 visits per calendar year)	100% after \$35 copay per visit; no deductible	60% after deductible		
* Outpatient day maximums for Mental Health and Substance Abuse of	are not combined. However, Preferred a	and Non-Preferred limits are combined.		
Substance Abuse Treatment*		(A		
★ Inpatient (up to 45 days per calendar year)	80% after deductible plus \$200 inpatient per confinement fee	60% after deductible plus \$400 per confinement fee		
★ Outpatient (up to 45 visits per calendar year)	100% after \$35 copay per visit; no deductible	60% after deductible		
* Outpatient day maximums for Mental Health and Substance Abuse a		and Non-Preferred limits are combined.		
Prescription Drug Benefits				
Participating Retail Pharmacy Program (up to a 30-day supply purchased at a local participating pharmacy)	Participating Pharmacy	Non-Participating Pharmacy		
★ Generic drugs	100% after \$10 copay	Not covered		
★ Formulary brand-name drugs	100% after \$25 copay	Not covered		
★ Non-formulary brand-name drugs	100% after \$35 copay	Not covered		
Prescriptions Purchased Overseas ★ Generic drugs	Not applicable	100% after deductible		
★ Brand-name drugs	Not applicable	80% after deductible		
Mail-Order Service				
(up to a 90-day supply)				
★ Generic drugs	100% after \$20 copay	Not applicable		
★ Formulary brand-name drugs	100% after \$40 copay	Not applicable		
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100% after \$60 copay





Not applicable